



The Athena Network
psychological and psychosocial support for immigrants living
in extreme situation



11th International Congress on Migration and Mental Health

30th - 31st October 2021

Online Conference

PROGRAM

Saturday 30th October

10:30 - 10:45: Welcome




Join the Meeting ID: 820 0534 9126

Prof Joseba Achotegui (University of Barcelona & UK Athena Network), Nancy Liscano (VOADES UK), Dr Agata Vitale (Bath Spa University)

10:45 - 11:25: Keynote speaker

Professor Joseba Achotegui - Migrants experiencing the Ulysses syndrome during the COVID 19 pandemic.

Multiple levels of stress affecting migrants

| TIME (UK) | ROOM 1 | ROOM 2 | ROOM 3 |
|--------------|--|--|--|
| |  Chair: Dori Espeso Join the Meeting ID: 820 0534 9126 Passcode: Room1 |  Chair: Anabella Piter Join the Meeting ID: 870 5110 3706 Passcode: Room2 |  Chair: Juan J Pimienta Join the Meetin ID: 863 4161 4920 Passcode: Room3 |

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| <p>11:30 - 12:20</p> | <p>Zahra Abbasi, University of Oslo, Norway “I can’t never say Poshtet Degh Shodam in another language”: Mental Healthcare Behavior Among Afghan Women in Norway.</p> <p>Nancy Liscano Voades UK & Joseba Achotegui Universidad de Barcelona, Spain Mental health conditions and the Ulysses syndrome in Latin American families reunited in UK.</p> | <p>Marta Guarch, Antonio Manzanero, Joseba Achotegui, Ana Miniescu y Steven Byrne Universidad San Jorge, Zaragoza, Spain Risk factors affecting refugees during their resettlement process.</p> <p>Lorna Vassiliades, Queen Mary University of London, UK THE JUNGLE from a Refugee camp to theatre space: A Case Study.</p> | <p>Dr Zurima Toloza Diaz Psychiatrist MBBS MSc in Mental health Culture and mental health</p> <p>Juan Carlos Bejarano (a Colombian foreign correspondent based in London) Emilio the Inmigrant; a latino fictional character that seeks to represent the hard work, sacrifices and tribulations of immigrants.</p> |
| <p>12:30 - 1:30</p> | <p>BREAK</p> | | |
| <p>Multiple levels of stress affecting migrants’ mental health</p> | | | |

| TIME (UK) | <p>Chair: Maria Jose Riquelme del Valle (Spanish - English)</p> <p>ANITAO (traduce) Join the Meeting ID: 820 0534 9126 Passcode: Room1</p> | <p>Chair: Natalia Izquierdo</p> <p>Join the Meeting ID: 870 5110 3706 Passcode: Room2</p> | <p>Chair: Letizia Marin (Spanish - English) Anabella (Traducion) Join the Meeting ID: 863 4161 4920 Passcode: Room3</p> |
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| <p>13:30 - 14:20</p> | <p>Ana Andón, Francia Digital media as accessible and basic tools to promote the promotion and care of mental health during the health crises caused by COVID-19.</p> <p>Nelida Tanaka Wada, Clinic Yotsuya Yui The effects of the Japanese immigration policy on the quality of life and mental health of immigrants and refugees.</p> <p>Azahara González López, Psychology Service of the Malaga Red Cross Migrant and Refugee Area, Spain. "SAPRI (Immediate Psychological and Psychosocial Response). A line of team intervention in the current migratory crisis"</p> | <p>Luz María Garcini, universidad de San Antonio USA Mental health stressors and coping strategies in Latino immigrant communities in the United States during the Covid-19 pandemic.</p> <p>Itzel Eguiluz, Universidad Nacional Autónoma de México, Mexico Evaluating the use of medications and the admission to to acute psychiatric care for refugees and migrants.</p> | <p>Salvatore Cosentino, Red athenea, Spain From south to where? Protection and care to young immigrants who arrive to Spain through the southern border during the Covid-19 pandemic.</p> <p>Dr. José López Rodas, Dr. Joseba Achotegui, Soc. Gestión de la Salud Renato López G. Biol Est. Zully Faralli, Mg. Est e Int Artif, Luis Chía, Ing. Sist. Miguel Lozano Peru Health and mental health management of Venezuelan immigrants in Peru</p> |

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| <p>TIME (UK)</p> | <p>Chair: Joseba sh - English) ANITA (traduce)</p> <p>ID: 820 0534 9126</p> <p>Passcode: Room1</p> | <p>Chair: Anabella </p> <p>ID: 870 5110 3706</p> <p>Passcode: Room2</p> | <p>Chair: Ivan Chairez </p> <p>ID: 863 4161 4920</p> <p>Passcode: Room3</p> |
| <p>14:30 - 15:20</p> | <p>Letizia Marin Italy Society: Solidarietà con l'America Latina - Psychologists & Psychotherapists International Network - Italy MPSQ & MCQ: Questionnaires to aid the support of immigrants, using psycho-social-cultural evaluation based on Ulysses syndrome and Scheme Therapy.</p> <p>Eunice Rodríguez & Ashini Srivastava, Standford University, California, US Promoting the mental health of immigrant and low income people through remote participation in a health promotion program during the pandemic.</p> | <p>Cynthia Wimberly President Viktor Frank Institute USA neighbour. Noah Project Family Violence Center, Texas Exploring the impact of COVID-19 pandemic in migrants who survived domestic violence.</p> <p>Luis Eduardo Alvarado & Patricia F. de Cofiño Academia de Salud Integral Guatemala Entidades ONG El Refugio de la Niñez con el programa de movilidad humana Guatemala Strengthening resilient coping strategies in children and adolescents from migrant America Center</p> | <p>Alba Lucía Díaz, Ed. D Associate Professor Community Health National Tanya Rovira, Core Adjunct Professor Community Health National University California COVID-19 and marginalized immigrant communities.</p> <p>Wayne Zschech. Director of Operation Mobilisation in Ukraine The impact of the conflict in eastern Ukraine migrants' mental health</p>  |

Community interventions to support migrants' mental health and integration

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| TIME (UK) | Moderator: Agata Vitale Join the Meeting ID: 820 0534 9126 Passcode: Room1 | Moderator: Alessandra Mongardi (Spanish - English) Join the Meeting ID: 870 5110 3706 Passcode: Room2 |
| 15:30 - 16:20 | <p>Rebecca Georgis, Bath Spa University, Bath, UK Developing a community- based model of immigrant and refugee child development to inform educational and psychosocial interventions).</p> <p>Paula Reybitz, Integrative Psychodynamic Psychotherapist Coordinator Migrant Mental Health in the NHS: WCC multi-ethnic IAPT services- a story of Portuguese, UK Migrant Mental Health in Community: The Household Model in Lambeth Portuguese Wellbeing Partnership - a story of community health and change.</p> | <p>Carmen Indrani SPAIN Rivera Rajah, Psychology Service of the Malaga Red Cross Migrant and Refugee Area. The power of Alves: confined, and in top form.</p> <p>Marina Ortiz. Unión de Poblanos en el Exterior An encounter with our roots: meeting again with with those I have missed for decades.</p> <p>Verónica Juanes, Cruz Roja Spain (español - inglés) Intimate Partner Violence among asylum seekers and refugees during Covid 19: Another pandemic?</p> |

DAY 2

Sunday 31st October

Assessment and intervention to support migrants' mental health

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| TIME (UK) | Moderator: Dori Espeso Join the Meeting ID: 820 0534 9126 Passcode: Room1 | Moderator: Nancy Liscano Join the Meeting ID: 870 5110 3706 Passcode: Room2 |
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**10:30 -
11:20**

**Alessandra Mongardi Women and Girls
Network London, UK**

Working with survivors of gender
violence during the Covid-19 pandemic.

Agata Vitale, Bath Spa University, UK

The effectiveness of narrative therapy
interventions to support migrants'
mental health.

**Anna Ferreira, University of
Birmingham UK**

The power of community: Exploring
the role of civil society in social
cohesion.

**Judy Ryde and Katie Hope,
Trauma Foundation South West,
Bath, UK and The Bath Centre for
Psychotherapy**

Group and Individual Therapy for Refugees
and Asylum Seekers in Bristol.

**Adrián Farfan, Angie Montoya and
Angelica Senato VOADES UK Young People**

Community Impact of young people on
families in migration processes.

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| TIME (UK) | <p style="text-align: center;">Moderator: Dori Espeso</p> <p style="text-align: center;">ID: 820 0534 9126</p> <p style="text-align: center;">Passcode: Room1</p> |
| 11:30 - 12:20 | <p>Any Florin UK - CHILE Mindfulness /atención plena may contribute to any migrant's wellbeing ' Any Florin (MRSH) wellbeing & mindfulness facilitator, Former mental well-being coordinator(NHS), long- lasting VOADES 'volunteer member & supporter of Atenea Network.</p> <p>Claudia Lopez-Pietro EAL Raising Achievement Coordinator Year 7 Deputy Raising Achievement Coordinator Saint Gabriel's College.</p> <p>The impact of Covid-19 on migrant school children and their families.</p> |

Community intervention to support migrants' mental health

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| TIME (UK) | <p style="text-align: center;">Moderator: Alessandra Mongardi</p> <p style="text-align: center;">ID: 820 0534 9126</p> <p style="text-align: center;">Passcode: Room1</p> | <p style="text-align: center;">Moderator: Ana Andon</p> <p style="text-align: center;">ID: 870 5110 3706</p> <p style="text-align: center;">Passcode: Room2</p> |
| 12:30 - 13:20 | <p>Jhon Marulanda (latin american disabled people's project) UK</p> <p>Immigration impact for disabled and elderly people of the spanish and portuguese speaking community in the</p> <p>Soledad Delgado Founder Kimberly R. Ochoa Director UK</p> <p>The role of community integration and empowerment for strengthening ethnic minority groups.</p> | <p>Mary Ingham, UK</p> <p>Mental Health and Well Being of the young immigrants in UK and Dubai.</p> <p>Juan Pimienta, UK Metropolitan Police Ibero American Association</p> <p>The Roma Community in London and the Ulysses Syndrome.</p> |

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| 13:30 - 14:30 | LUNCH BREAK |
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| TIME (UK) | <p style="text-align: center;">Moderator: Maria Jose Ri- quelme del Valle</p> <p style="text-align: center;">Join the Meeting</p> <p style="text-align: center;">ID: 820 0534 9126</p> <p style="text-align: center;">Passcode: Room1</p> | <p style="text-align: center;">Moderator: Katheryn Gallo (Spanish - English)</p> <p style="text-align: center;">Join the Meeting</p> <p style="text-align: center;">ID: 870 5110 3706</p> <p style="text-align: center;">Passcode: Room2</p> | <p style="text-align: center;">Moderator: Itzel Eguiluz (Spanish - English)</p> <p style="text-align: center;">Join the Meeting</p> <p style="text-align: center;">ID: 863 4161 4920</p> <p style="text-align: center;">Passcode: Room3</p> |
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| <p>13:30 - 14:20</p> | <p>Dr Doreen Francis, Canada, Director Viktor Franks Canada And UK Migration: meaning of suffering and loss.</p> <p>Marisa Tsuchida - Clinica Yotsuya Yui - Keio University Coronavirus vaccination status in Japan and access to it for foreign residents.</p> | <p>Dr Patricia Ovejas, Pontificá Universidad Católica Santa María de los Buenos Aires. Y Universidad Austral. ARGENTINA</p> | <p>Yu Abe, Yotsuya Yui Clinic, Tokyo Immigration and Refugee Policy in Japan and Mental Health in the COVID-19 Pandemic.</p> |
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| | <p>Ana Sri CAPE Vulnerability Index: Compassion, Assertive Action, Pragmatism and Evidence - Version for Latin American and the Caribbean (CAPE VI-LAC) “Globalisation, conflict, climate change, natural disasters: putting mental health into foreign policy.”</p> | <p>The contribution of logotherapy in the approach of migrants living in Populations with socioeconomic vulnerability</p> <p>Elisa Iwaki, Clinic Yotsuya Yui / NPO ABC Japan The mental health of children and adolescents from Brazilian background who live in Japan.</p> | <p>Luis Renato Malca Montoya, psicólogo comunitario y psicoterapeuta, Bonn, Germany Jumping frontiers in uncertain times.</p> |
| TIME (UK) | <p>Moderator: Nancy Rosero</p> <p>(Spanish - English) Join the Meeting ID: 820 0534 9126 Passcode: Room1</p> | <p>Moderator: Ivan Chairez</p> <p>Join the Meeting ID: 870 5110 3706 Passcode: Room2</p> | <p>Moderator: Liliana Osorio</p> <p>Join the Meeting ID: 863 4161 4920 Passcode: Room3</p> |
| 15:30 - 16:20 | <p>Miguel Olivos, NPO kawasaki international School “JAPAN TODAY: NOTHING HAPPENING, BUT UNSAFE AND SCARED” big impact in Migrant community.</p> <p>Edward Antonio Lozano Vargas, Dr. E. Antonio Lozano Vargas Psychiatrist and Psychotherapist Universidad Peruana Cayetano Heredia member of the committee on mental health care for vulnerable populations during the Covid-19 pandemic Lima - Peru Characteristics Venezuelan immigrants living in Peru.</p> | <p>Maria Linforth-Hall, UK The loneliness of old age in the migrant community.</p> <p>Manuel Ernesto Ortega, Biomagnetism Therapist, NLP and Associate Diploma in Logotherapy. Director Voades Ecuador The effects of forced migration for the mental health of family members left behind.</p> <p>Mary Lou de Leon Siantz "Migration of Unaccompanied Children: A Global Challenge" Mary Lou de Leon Siantz PhD RN FAAN California-Davis Sacramento</p> | <p>Silvia Peñas Martin PhD in Psychology University Teacher Head of the Psychosocial Care and Immigration Area in Egintza Association BIDELAGUN in Basque means “traveling companion.”</p> <p>Angel Adegbayi and Azmarea Muhamad Azlan. Are Southwark Youth Co-Cabinet Members for Mental Health by Southwark Youth Parliament. Young People’s Mental Health: Culture and Tradition.</p> |

16:30 - 17:30: Red Athenea Assembly

Introducing our next congress in Colombia-Latin America

Join the Meeting ID: 820 0534 9126 Passcode: Room1

17:30 - 18:30: Closing Ceremony

